

## Indication and Description of the new Induction programs

### Conflict Program

All people carry conflicts. The question is why that is so. We believe that this conditioning contributes the opportunity to complete certain lessons on our life path by resolving such conflicts. The induction therapy transports the human brain in the area of 7.8 - 8.2 Hz. At this borderline between waking and sleeping we gain access to the subconscious realms of our life. As Prof. Lozanov has recognized many years ago, it is in this frequency range that our brain has the highest ability to learn. We are observing that here the induction program has a great opportunity to touch gently on existing conflicts and to resolve them over time.

#### **Indication Conflict Resolution Program**

Resolution of conflicts, strengthening of the immune system.

### Power-Nap

Initially the Power-Nap Program was written for the daily stress. Applied for 15 minutes per day an individual's stress due to work or outer influences can be eliminated.

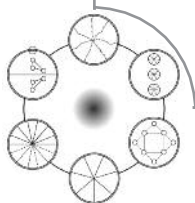
This induction program has a peculiarity. It can be applied in defined zones of the body. depending on the type of stress.

Examples:

- Stress that targets the stomach and solarplexus
- Stress in the jaw, which are connected with nightly teeth grinding and the internal "clinging to things".
- Harmonization by using the regulation of Rhythms of Life, which are described as voluntary or involuntary.
- Stress that results in heart and circulatory problems

#### **Indication Power-Nap**

Elimination of daily stress, fast regeneration



## Gamma Program

The newly discovered gamma waves (30 to 80 Hz) of the human brain are correlated with peak performance, strong focus and mystical-transcendental experiences.

The gamma frequency range seems to be a supraordinate coordination frequency of the brain. The assumption is that it enables higher perception and insight. Gamma waves synchronize perception.

Each perception challenges the most diverse regions of the brain, which are widely distributed across the entire brain. The activated neurons are vibrating absolutely synchronous at the same frequency and the gamma wave band is most likely the impulse generator.

Many scientists describe the work of the gamma waves as “neuronal bond to space and time”. They also speculate that these wave forms facilitate the human sense of time.

American scientists observed Tibetan monks during their meditation. They found a dominance of gamma waves in the brains of the examined monks. This was connected to the term “happiness” and the assumption was made that all “deja-vu” experiences coincide with a dominance of gamma waves in the brain.

The gamma waves lead to a higher, holistic perception and insight. There possibly is a link here to the “hypercommunication” that is also being discussed. The other associated topic is the connection to “spontaneous remissions”, which can increasingly be observed worldwide.

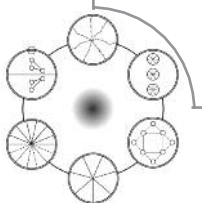
The extensive discussion in regards to the gamma waves has led to the development of the two programs “Gamma, short and Gamma, long”.

### **Indication Gamma**

The Long Program is supposed to stimulate the ability of highest concentration. At the same time it amplifies the perception of “that, which is”. In each disease the relationship between the voluntary and involuntary rhythms seems to be imbalanced. The gamma long program has the purpose to harmonize these functions over time. That allows other therapeutic measures to have a much better and especially faster effect.

### **Indication Gamma, short**

The Short Program is designed to gently stimulate brain synchronization. As in the case of the other short programs, the treatment can be applied to specifically defined body zones. That assists in increasing the ability to concentrate and focus. We have observed that this also addresses stress of bodily systems by harmonizing them through the induced gamma frequencies.



## Addiction

Basic program for addictive states

According to our observation any addictive disease is due to very early conflicts and a blocked development. The frequency range of 7 - 14 Hz vibrates in this area, where we can reach the childhood conditioning. That way a resolution of this determination can gently be promoted.

### **Indication Addiction Program**

Basic program for all types of addiction

